children'shealth?

Caring for Manes: Creating Diverse Hair Care Guidelines for a Large Pediatric Hospital

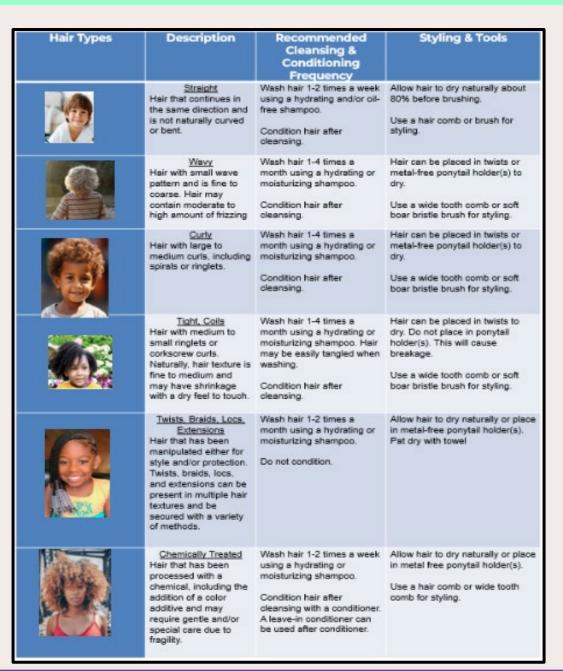
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BACKGROUND

Hair care products should be available to all patients regardless of hair type and texture. Recent movements and legislation, such as the CROWN (Creating a respectful and Open World for Natural Hair) Act sparked pediatric hospitals across the country to focus efforts on ensuring hair care equity for their patients. Children's Health joined the movement by sanctioning a transdisciplinary, multidepartment task force to address Black Indigenous, and People of Color (BIPOC) hair concerns. A smaller group was tasked with aligning practices and policies to address the gaps in education and resources available to assist nurses in caring for ethnic hair.

OBJECTIVE

To develop a guideline for clinical team members at Children's Health that promotes equity and inclusivity through clinical care that supports optimal patient outcomes for the hair and scalp.



METHODS

- ✤ A review of literature was conducted and limited published work was found.
- benchmarked and consulted with other subject matter experts and pediatric hospital leaders that completed the journey.
- Reviewed other relevant policies and guidelines, & bundles
- Partnered with House-wide HAPI(hospital acquired pressure injury) committee
- Collaborated with Supply chain to secure safe hair care products,
- ✤ Assisted in the design of a comprehensive training plan for clinical team members.
- Surveyed clinical staff to assess knowledge and comfort in caring for BIPOC hair.

FINDINGS

- ✤ Little available literature providing evidence- based hair care practices
- Common goals and implementation strategies at similar pediatric health systems
- Staff voiced lack of confidence in caring for textured hair
- There was no policy/guideline that addressed BIPOC hair care.
- ✤ Lack of available resources to assist team members ✤ Lack of products available for care for BIPOC hair Several HAPI related to hair styles (braids) in past 3
- years.



- Patient/Family Conversation ✤ Hair /Scalp Assessment ✤ Hair/Scalp Care ✤ Hair Styling

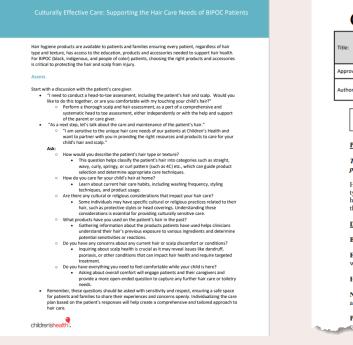
- Hair & Scalp Reassessment

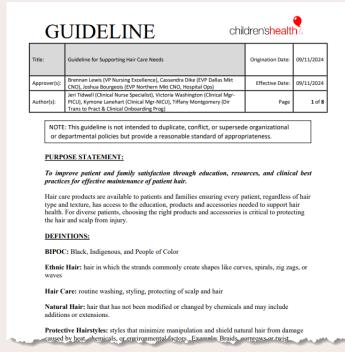


5 STEP-CARE

OUTCOMES

- Established a 5-step hair care process for hair care.
- ✤ A diverse hair care guideline was developed including instruction on assessment, hair care management and use of appropriate products.
- Ethnic Hair Care Products including wide tooth comb, bristle brushes, hair bonnets,/wraps and detangling spray were procured.
- Culturally Effective Care- Risk Mitigation Education
- Improved Family experience One family expressed "Finally felt seen". After products launched.
- Open discussions about diverse care needs –leadership level
- Epic Charting revised –Head Hair/scalp assessment.





PRACTICE IMPLICATIONS & NEXT STEPS

- ✤ The ability to accurately assess the patient's scalp while maintaining necessary treatments should be prioritized over the use and placement of protective hairstyles and hair accessories,
- ✤ A multimodal training plan, including computerbased training modules, hair care champions, demonstrative videos, and hands-on practice using low fidelity simulation- Launches Oct 2024
- Continue to monitor patient outcomes and practice adoption of hair care guidelines.
- Comprehensive review, selection and integration of new safe BIPOC hair products.
- Re-survey staff post implementation