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Health Literacy: Keeping the Caregivers in Mind

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Background/Significance

- Observed caregiver strain during PICU admission.
- Identify the stressors that negatively impact the Health Literacy.
- Goal to increase care team awareness of Health Literacy to reduce caregiver stress during their PICU hospitalization.

Literature Review

It's more than the ability to read and understand information! "Health Literacy is the ability to understand, communicate, and act on health information to make decisions" (Ostini, R. et al., 2020).

Identifying the impact the care team has on patients and caregivers, "that is, what physicians say and how they deliver this information. In particular, taking time, empathising with patients, and overall effective communication skills have been shown to help reduce patient stress" (Ptacek et al., 2001, Roter et al., 1995 as cited in Ostini, R. et al., 2020, p.2).

"Parents of children in ICU consistently placed the most importance on stressors relating to their child's appearance and behaviour, and alterations in their parental role, while being less concerned about stressors relating to staff communication and behaviour, and the sights and sounds of the ICU environment" (Ostini, R. et al., 2020, p.9).

"Health literacy affects a patient's ability to access health care services, understand health-related information, and partner with clinicians in making health care decisions. Implementing health literacy universal precautions in your practice requires that all of your staff members—from front office staff to the medical director—know how health literacy affects your patients and consistently work to make health care clearer and easier" (Brega, AG. et al., 2015, p.13).

PICO Question

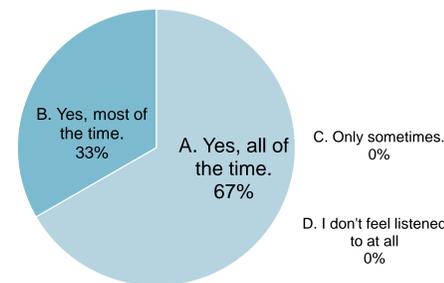
Does offering additional health literacy awareness to the care team decrease, and improve coping skills for the caregivers of patients in the PICU?

Methodology

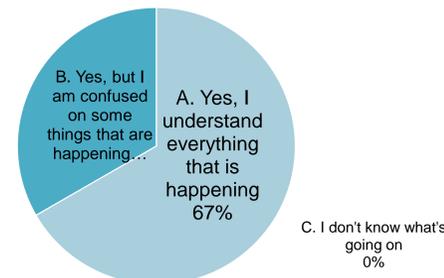
- Collect subjective data from our three-question survey.
- Establish the baseline Health Literacy of Caregivers in the PICU.
- Based on the finding make recommendations to improve care team awareness of Health Literacy.

Results

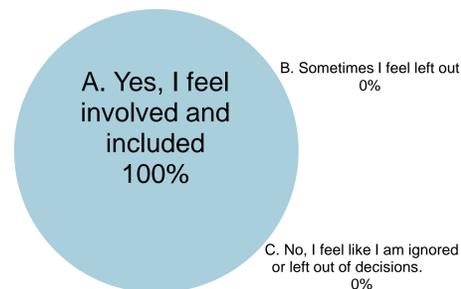
During my child's stay in the PICU I feel the doctors and nurses listened to me.



I understand what is going on with the care they are receiving.



I feel that I am involved and included in their care



What effects Health Literacy?

PICU Perception
Grief Caregivers
Health Literacy
Comprehension
Understanding
Child Stress

Goals

- Develop a QRG to increase care team awareness of Health Literacy, and aid in decreasing caregiver stress during PICU hospitalization.
- Revamp our survey to promote unbiased responses.
- Offer the survey in a digital platform accessible by QR code.

References



REFERENCES